

T5T (Top 5 Tips) Cheat Sheet

Searching for the Right Care is Always...

- A) A slow and time-consuming process
...if you don't know how to go about it.
- B) A stressful process
...if you're in a rush to decide.
- C) High-stakes with potentially big consequences
...but a meaningful opportunity.
- D) All of the above
...but you can be confident and succeed!

Top 5 Tips to Find the Best Possible Care Fit

1. **Only You are 'You'**
 - What has or will work for others might not work for you
 - We can't have everything we want, start with what you need
 - Priorities overlap and change over time
2. **Assume, Adjust, Adapt**
 - Anticipate (sometimes rapid) evolution to health diagnoses, care needs, budget, personal ambitions.
 - Decide how far ahead to plan for.
3. **Research for Relevance**
 - Empower yourself with information about what's available.
 - Making informed decisions can affect pricing, budget, guilt, and overall outcomes.
 - Use elimination instead of searching for the most ideal.
4. **Revel in the Relationship**
 - Think of searching like preparing for marriage.
 - The best gifts families can give caregivers is trust and support. The best gifts caregivers can give is peace of mind
5. **Examine Your Expectations of the Prize**
 - One of the few that we have total control over.
 - Expectations can make or break the success of care.

You don't have to do it alone!



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Common Overlapping Priorities

